

Sequencing Instructions

Instructions for teachers: cut these instructions as shown by the dotted line. Mix the steps up for the children to sequence.

Handprint Flying Superhero

Use these easy-to-follow instructions to create your own fabulous flying superhero picture using just paint and card.



You will need:

- Blue or white paper
- Selection of coloured paint
- Cotton wool
- Paintbrush
- Felt-tip pens
- Spare card



Using the spare card, draw a city skyline shape which is long enough to reach across the bottom of the page. Then cut this out.



Use this as a stencil by placing it over the bottom of the paper. Then, use cotton wool balls to dab white paint onto the paper to give the effect of clouds. Remove the stencil to leave behind a city skyline, then leave to dry.



Now, choose a colour for your superhero! Paint one hand in this colour and print it on to the sky at an angle, with the heel of the hand just below the centre of the picture and the fingers pointing towards one of the top corners.



Then, using your painted fingers, drag behind the fingers of the handprint, to make it seem like the handprint is flying!



Now, give your superhero a face! To do this, make a larger thumbprint overlapping the heel of the hand. You may wish to have a smaller print in a darker colour for hair. Or add two smaller skin-coloured prints for hands.



Once this is dry, use felt-tip pens to add detail to your superhero's face and body.



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